### THE USE OF DEBRIEFING IN THE LANGUAGE CLASSROOM

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# What is debriefing?

Debriefing refers to the students' reflective reactions through discussions that take place before, during, and after the activities.

Through the experience of these activities students think critically and improve their learning.

## Why Debrief?

Encourages learning, helps to reflect on what happened and why and what to do next

Adds meaning to the learning process and makes things clear

Learn to take turns when speaking

Can have their own opinions validated by hearing from others with the same beliefs

Are exposed to new thoughts

Learn to value other people's opinions

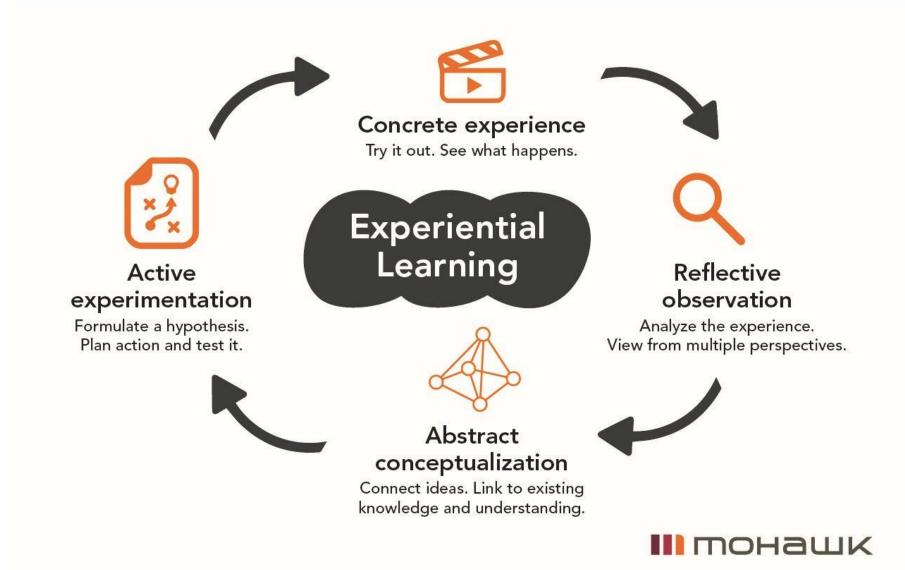
Reflect their level of understanding of a particular skill/topic



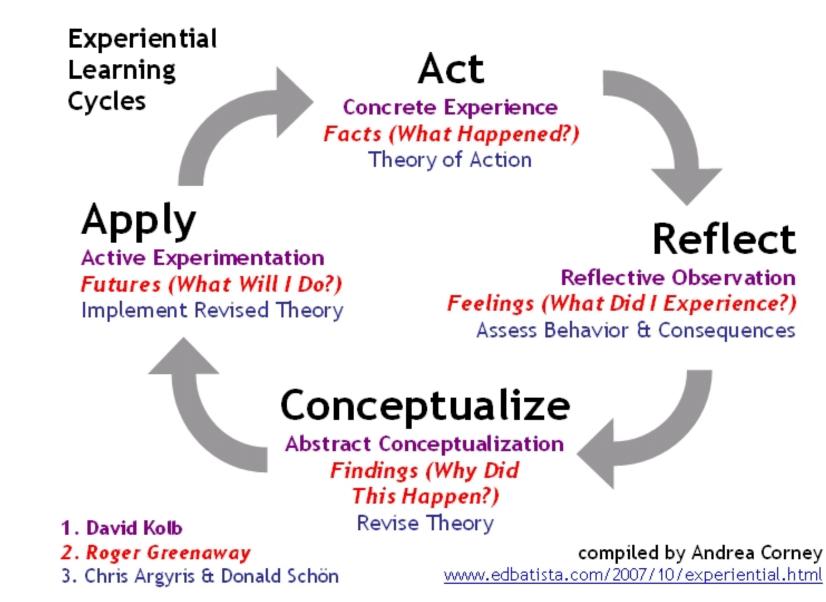
Become more comfortable with expressing themselves in front of their peers.

# Debrief – How?

### David Kolb's Experiential Learning Cycle 1984



### Roger Greenaway's Active Reviewing Cycle



### Experiential Learning Cycle



Now What?

What will I do differently next time?



So What?

What do these results imply? How did I influence the outcome?

What?

What happened?

What were the results?

compiled by Andrea Corney www.edbatista.com/2007/10/experiential.html

#### THE KEY IS ASKING GOOD QUESTIONS

#### WHAT?

Describe the situation or experience without judgement or apology.

- What happened?
- What did you see, do or experience?

#### NOW WHAT?

Define how to relate or apply gained knowledge or skill to future actions.

- What will you do differently next time?
- How can you use this understanding in new ways?
- What might change the way it is received or understood?

#### SO WHAT?

Analyze and interpret the experience to consider how and why the experience proceeded as it did and what the effects were.

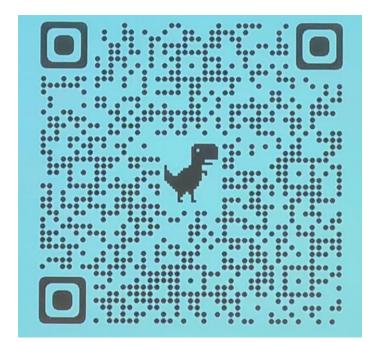
- What did you learn or how did you benefit as a result of what happened?
- Why did you make that choice?
- What made it work or not work?
- How was it interpreted by others?

## Efficient debrief should help to:

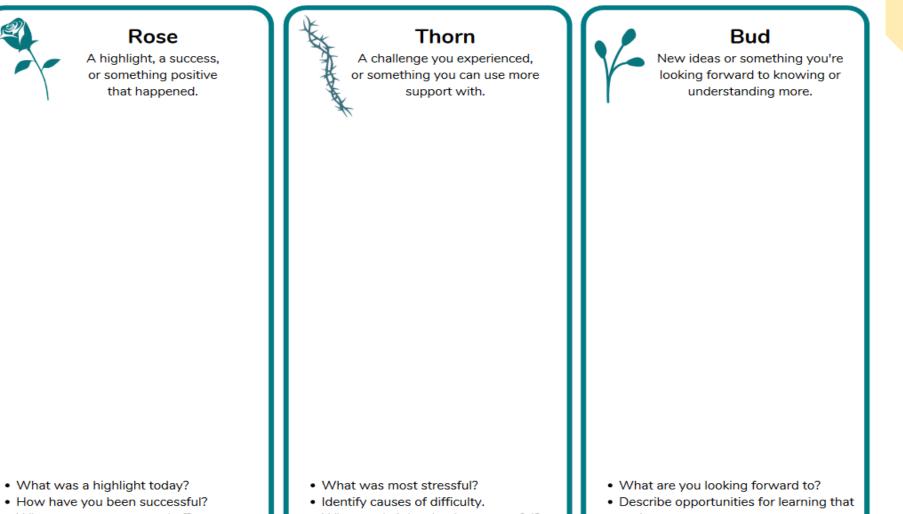


## Explore activities on:

<u>https://jamboard.google.com/d/1lPsl8pxe\_Y4GnhcY3bT</u> <u>DkhoxLP10eCaKtlYzZiwGwSo/edit?usp=sharing</u> (follow the QR code)



#### Mindful Reflection: Share your rose, thorn, and bud



• What are you most proud of?

- What made it hard to be successful?
- excite you.
- What needs growth and nurturing?

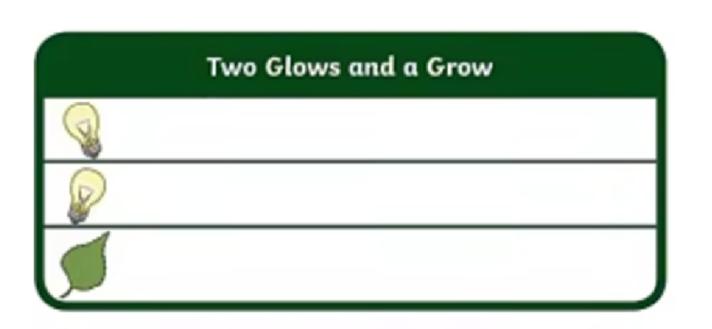


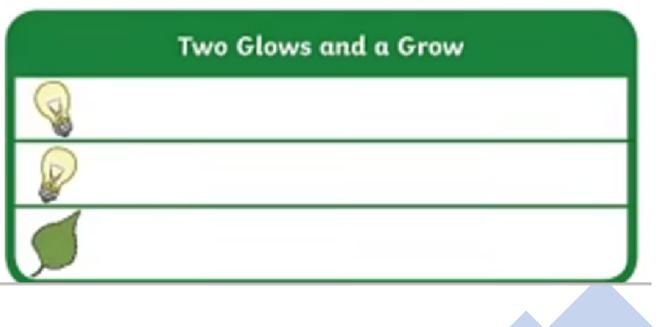
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#### MINDFUL REFLECTION ROSE, THORN, BUD

- STEP 1: Define terms for the activity
- **Rose** = A highlight, success, small win, or something positive that happened.
- **Thorn** = A challenge you experienced or something you can use more support with.
- **Bud** = New ideas that have blossomed or something you are looking forward to knowing more about or experiencing.
- STEP 2: Brainstorm
- Give students 30 seconds to a few minutes to sit silently and reflect on their rose, bud, and thorn. Then give students 5-10 minutes to jot down ideas on a piece of paper or print out the graphic organizer provided <u>here</u>.
- STEP 3: Debrief
- Share your own rose, bud, and thorn, and then go around the room asking students to share their rose, bud, or thorn or reflect on the activity itself.
- STEP 4: Reflection
- Check in after completing the activity and ask students to notice their energy level and thoughts before and after the activity.
- A possible extension for this activity is to brainstorm strategies for turning thorns into roses or to describe ways thorns might support learning and growing.





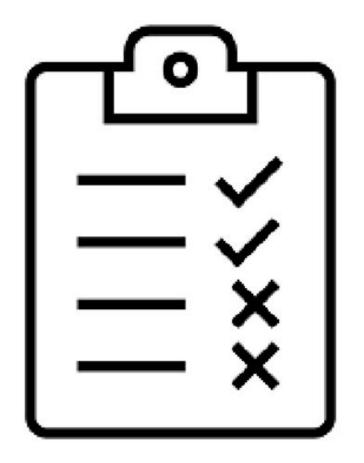


### Peer to Peer Test

Participants write out "two or three questions about the lesson that they think you would ask if you were giving them a test."

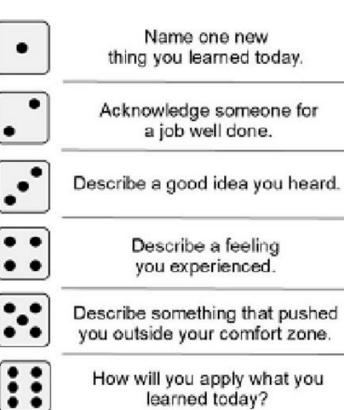
They can use a sheet of paper or write them flip-charts around the room/ in the chat/virtual whiteboard.

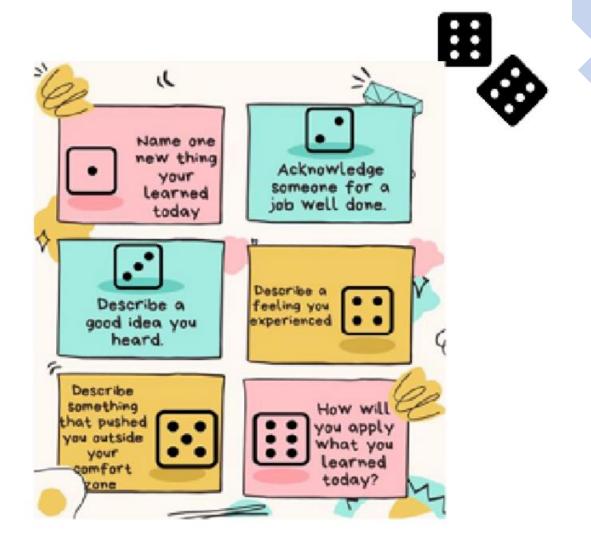
The group answer the questions in pairs.





#### **Dice Debrief**





### Postcard memories

Ask each participant to tell the group if they could take a picture of something that happened in the program/ course / module/ lesson and make a postcard, what would the picture be, who would they send it to and why?





#### Wow, How, Now

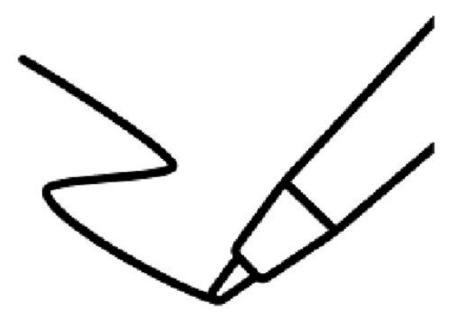
At the end of a session, ask participants to take 3-4 minutes to write down their answers to the following

"Wow, How, Now" questions

Wow: What surprised you, interested you, or encouraged you to think creatively?

How: In what ways will you apply what you've learned?

Now: What are the first steps you will take in the next few days to begin your action plan?





### **Circle Square Triangle**

After being presented with new content, asks students to jot down three things:

Circle: What's still going around in your head? What do you still not understand? Square: What's squared away? What do you really understand?



Triangle: What three things could you use in your life, work, or studies?

Source: Dirksen, D. "Hitting the Reset Button: Using Formative Assessment to Guide Instruction," Phi Delta Kappan. April 2011





ACTION: Based on (whatever you are debriefing) what new or different ACTION will you take?

# **POINTS TO PONDER:**

• • • • • •

• • • • • • BENEFITS: What BENEFITS will you receive when you take this action?



**CHALLENGES**: What CHALLENGES will you face in implementing this action?



**OVERCOME**: How will you OVERCOME these challenges?

## References:

- <u>https://canicollege.com/the-importance-of-debriefing-in-learning-and-what-that-might-look-like-in-the-classroom/</u>
- <u>https://www.simplypsychology.org/learning-kolb.html</u>
- <u>https://www.playmeo.com/activities/?type=debriefing-activities</u>
- <u>https://www.edutopia.org/blog/reflection-assessment-empowerment-self-awareness-james-kobialka</u>
- <u>https://www.ultimatecampresource.com/team-building-activities/teambuilding-debriefing-activities/</u>
- <u>https://oapub.org/edu/index.php/ejel/article/download/1512/4143</u>

